



# The Bible Cure for Depression and Anxiety: Ancient Truths, Natural Remedies and the Latest Findings for Your Health Today

Don Colbert

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## The Bible Cure for Depression and Anxiety: Ancient Truths, Natural Remedies and the Latest Findings for Your Health **Today**

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The war against depression can be won! Dr. Colbert urges listeners to take the positive steps he suggests and replace their depression with peace. He discusses the best anti-depressant, Omega-3 fatty acids and natural supplements.



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