



# Edgar Cayce's Quick & Easy Remedies: A Holistic Guide to Healing Packs, Poultices and Other Homemade Remedies

*Elaine Hruska*

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## **Edgar Cayce's Quick & Easy Remedies: A Holistic Guide to Healing Packs, Poultices and Other Homemade Remedies** Elaine Hruska

Author Elaine Hruska has spent more than 30 years working with the Cayce health readings at the Edgar Cayce health centers in Virginia Beach, Va., and Houston, Texas. Her latest book highlights the wealth of information given with a spotlight on the simplest and most commonly prescribed remedies. The book's Symptom-Remedy In-dex allows you to find suggested solutions for just about any illness or disease, including: Alzheimer's • Arthritis • Cancer • Constipation • Diabetes • Epilepsy • Flu • Gastritis • Gout • Headaches • Infertility • Menopause • Nau-sea • Obesity • Pneumonia • Ringworm • Sarcoma • Stiff Joints • Stress • Tinnitus • Tumors • Varicose Veins • Ver-tigo • Warts, and much more!

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