



A Sheep Falls Out of the Tree: How Anyone Can Develop a Fantastic Memory

Christiane Stenger

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A Sheep Falls Out of the Tree: How Anyone Can Develop a **Fantastic Memory**

Christiane Stenger

A Sheep Falls Out of the Tree: How Anyone Can Develop a Fantastic Memory Christiane Stenger Frazzled students and harried workers will value this advice from a self-described "totally lazy" teen, who became motivated to train and develop her memory skills in order to have more free time away from school. Contending that a keen memory is not only essential for students and an asset in test-taking but also a major factor in confidence and self-esteem, the book's breezy tone and simple exercises invite anyone who feels anxious about memorization to relax and practice with the included activity charts and simple memory tests. The author's struggle to rise above her "below average" academic performance as a child to become a teen protégé, excellent student, and world champion in memory performance will offer inspiration to anyone who worries about memory lapses or the stress of trying to remember important details under pressure.



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