



The Nuts 'N' Bolts Guide to Touring in Your Sea Kayak

Linda Legg

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Sea kayaking has come a long way since Eskimos first stretched polar bear hide over a simple bone frame. Readers who want to explore the growing sport can gain a head start under author Linda Legg's direction. Legg breaks down the movements into easy-to-understand directions and offers suggestions on refining technique. Anyone can get in a boat and start paddling, but Linda Legg shows you the straight and confident way to get there.



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