



**The Alphabet Coloring Book: The Mature ABS's -  
The Adult Coloring Book of Stress Relieving  
Alphabet Illustrations! (Adult Coloring Books &  
Swear Word Coloring Books) (Volume 2)**

*Cynthia Van Edwards*

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# **The Alphabet Coloring Book: The Mature ABS's - The Adult Coloring Book of Stress Relieving Alphabet Illustrations! (Adult Coloring Books & Swear Word Coloring Books) (Volume 2)**

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## **How to use the Alphabet Coloring Book...the Mature ABC's!**

This is a coloring book devoted to each and every one of us. We can all use a good giggle every now and then, so this is how we can do it in a fun way! Renew your Alphabet skills with this fun journey through the letters and some funny, often thought provoking phrases and quotes along the way.

We guarantee you . . . you've never learned your ABCs like this!

This book has been a collaborative effort between artists, designers, and psychologists. This book not only soothes you, but also increases mental stimulation. The pictures and designs may seem random at first glance, but they're anything but. We also added some really cool coloring pages that are just for you to zone out after reading our madness. We think you'll love the designs and create some incredible pieces of art!

Our idea with this project was to both inspire you, and increase neuronal activity and stimulation in a way that activates very unique parts of your mind. There are fields of research suggesting that both children and adults who work with coloring books and designs can effectively raise their IQ.

So have fun, relax, let the markers and pens do what they will, and hang on for an incredible, mind altering ride!

We hope to give the designer (you) a very introspective and mind expanding experience.

This is NOT one of those Half-ass coloring books with 20 pages. Nope, this badboy has tons of incredible coloring pages. To help you bring your full art and color to life, we've left you with the canvas to paint and color your masterpieces. Your ideas and the beauty you create are more important than the original designs. This is for you!

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#### **George Hale:**

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