



History's Worst Recipes: Curious Cuisine from the Ancient World to Modern Times (Old House)

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This pocket handbook of historical recipes and writings about food draws together the most bizarre and disgusting meals ever eaten, from Ancient Greece to twentieth century America. *History's Worst Recipes* looks at how the Ancient Greeks leaping on cow's udders and sewing shut swan's eyes to make their meat tastier (Plutarch) or now to the unfashionable eating of calf's brains, this book offers a fascinating —and undeniably grim —view of what our ancestor's liked to eat.

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