



TDAH. Deficit o Superavit? (Spanish Edition)

Dr. Angel Luis Fernandez

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Este libro trata sobre el Trastorno de Déficit de Atención asociado con Hiperactividad (TDAH), un patrón persistente de falta de atención y/o hiperactividad/impulsividad en muchos niños y adultos y puede producirse en el seno de ambientes académicos, laborales o incluso sociales. Entre los problemas de atención son habituales los olvidos y errores por descuido, no terminar las tareas preceptivas del colegio, dificultades para organizarse y dar seguimiento a las obligaciones y rutinas, llegando a distraerse con facilidad, etc. Asimismo, los problemas derivados de la hiperactividad pueden conducir a una intranquilidad excesiva, acelerar o ralentizar los movimientos, hablar en exceso, y estar constantemente en movimiento. La impulsividad puede aparecer como impaciencia, dificultad para esperar el turno, balbucear respuestas o provocar interrupciones frecuentes. La mayoría de las personas -especialmente los niños- muestran este tipo de comportamientos de vez en cuando y puede ser difícil diferenciar los comportamientos que reflejan el TDAH de los que son una parte normal del crecimiento. La distinción clave es que para los pacientes de TDAH, problemas de atención y/o hiperactividad/impulsividad son sustancialmente más persistentes e intensos. Este volumen se adentra decididamente en la descripción, diagnóstico y tratamiento de esos casos de TDAH/ADD.

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