



## Food: The Essential A–Z Guide

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# Food: The Essential A–Z Guide

## Food: The Essential A–Z Guide

**From the everyday to the exotic, this massive, definitive culinary guide covers a global range of ingredients and includes key recipes and features on both the cooking styles and the cuisines of more than 30 nations**

With a simple, clean design this reference book is accessible and inspiring. It represents a vast resource of carefully researched information, supported by hundreds of photographs, that will inform the reader's eating experiences, whether dining out or eating in. From abalone and the native South American fruit abiu to the fiery Yemen relish *zhug* and the Italian pudding *zappa inglese*, this guide takes the food enthusiast on an exciting journey from A to Z, around the world. It also includes information on kitchen equipment, kitchen terms, and food storage. A conversion chart is included.

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