



Becoming Your Best Self: The Guide to Clarity, Inspiration and Joy

Sara Wiseman

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What if you could receive Divine guidance at any time? What if you could clearly see your highest potential? What if you could heal the past, live joyfully in the present, and manifest your dreams in the future? You can, simply by using your intuition—even if you’ve never used it before.

In this delightfully inspiring book, Sara Wiseman teaches you how to establish a direct connection with the Divine that will raise your vibration, heal your heart, allow instant access to Universal information, and transform your life in the process.

Through step-by-step exercises you will learn a variety of life-changing skills—from attracting a soul mate to healing relationships to communicating with Divine guides and loved ones in spirit. Throughout, Wiseman shares simple yet profound messages from her spirit guides that open the path to a new level of consciousness and to your own spiritual awakening.

Praise:

“This is the one book about intuition—so practical, grounded, accessible, exceptional—that even the most skeptical reader can’t help but take to heart.”—Raphael Cushnir, author of *The One Thing Holding You Back: Unleashing the Power of Emotional Connection*

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