



Here Now Next: Paul Goodman and the Origins of Gestalt Therapy (Gestalt Institute of Cleveland Book Series)

Taylor Stoehr

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Paul Goodman left his mark in a number of fields: he went from being known as a social critic and philosopher of the New Left to poet and literary critic to author of influential works on education (*Compulsory Mis-education*) and community planning (*Communitas*). Perhaps his most significant achievement was in his contribution to the founding and theoretical portion of the classic text *Gestalt Therapy* (with F. S. Perls and R. E. Hefferline, 1951), still regarded as the cornerstone of Gestalt practice.

Taylor Stoehr's *Here Now Next* is the first scholarly account of the origins of Gestalt therapy, told from the point of view of its chief theoretician by a man who knew him well. Stoehr describes both Goodman's role in establishing the principal ideas of the Gestalt movement and the ways in which his practice as a therapist changed him, ultimately leading to a new vocation as the "socio-therapist" of the body politic. He places Goodman in the midst of his world, showing how his personal and public life - including his political activities in the 1960s - were transformed by Gestalt ideas, and he presents revealing sketches of other major figures from those days - Fritz Perls, Wilhelm Reich, A. S. Neill, and others.

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