



My Big Fat Manifesto

Susan Vaught

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Jamie is a senior in high school and, like so many of her peers, doing too much. Unlike so many of her friends, she is enormously, irreversibly, sometimes angrily (and occasionally delightedly) overweight. Her most immediate need is a scholarship to college, so she writes an explosive and controversial column every week in the school paper about being fat. Soon, Jamie finds herself fighting for her rights as a very fat girl—and not quietly. As her column raises all kinds of public questions, so too must Jamie find her own private way in the world, with love popping up in an unexpected place, and satisfaction in her size losing ground to real frustration.

Tapping into her own experience with losing weight, her training as a psychotherapist, and the current fascination in the media with teens trying drastic weight-loss measures, Susan Vaught writes searing and hilarious prose that will grip readers while asking the most profound questions about life.

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