



# Cosmeceuticals and Cosmetic Ingredients

*Leslie Baumann*

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**UNDERSTAND WHAT INGREDIENTS WORK FOR VARIOUS SKIN TYPES AND WHY WITH THE HELP OF THIS UNIQUE TEXT**

*Cosmeceuticals and Cosmetic Ingredients* helps skin-care professionals understand topical drug delivery through cosmeceuticals, the scientific basis of cosmetic ingredients, and the challenges of using either in a skin care regimen.

The author addresses myths and misconceptions about specific ingredients and carefully details what each can and cannot do. It provides an unbiased brandneutral approach along with detailed information and references to published evidence.

*Cosmeceuticals and Cosmetic Ingredients* is logically divided into ten sections:

- Cleansing Agents
- Moisturizing Agents
- Barrier Repair Ingredients
- Skin Lightening Agents
- Antioxidants
- Vitamins
- Other Ingredients (Coenzyme Q10, Ginger, Honey, etc.)
- Anti-Inflammatory Agents
- Anti-Acne Ingredients
- Anti-Aging Ingredients

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