



Happy at Work, Happy at Home: The Girl's Guide to Being a Working Mom

Caitlin Friedman, Kimberly Yorio

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This fresh, empowering, and fully comprehensive guide is the must-have handbook for every working mom!

Caitlin Friedman and Kimberly Yorio have helped readers find their dream jobs, be a boss without being bitchy, and even start companies of their own. But what happens when a career girl becomes a mom and her world turns upside down? Can you maintain your ambition and momentum at work while still being the kind of parent you want to be?

Of course you can! In *Happy at Work, Happy at Home*, Caitlin and Kim guide readers through every step on the road to having it all, offering detailed, practical advice in their trademark style. Working mothers themselves, these authors know what it means to juggle the demands of office and home, and they're here to help the rest of us.

From first breaking the news that you're pregnant, to making the most of your maternity leave, to getting the help you need from your partner and childcare professionals, this book is a must-have resource for a whole generation of working women who aspire to keep their careers on track and their home life running smoothly (without losing their minds). As the title suggests, the insightful tips from both the authors and from intimate and eye-opening interviews with other successful moms will help all working mothers on their quest to be satisfied, fulfilled, and happy at work and at home.

From the Hardcover edition.

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