



# Physical Rehabilitation of the Injured Athlete

*James R. Andrews, Gary L. Harrelson, Kevin E. Wilk*

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Physical Rehabilitation of the Injured Athlete is a medical reference book that equips you to apply today's hottest strategies in non-operative sports rehabilitation, so you can help your patients return to play as quickly and fully as possible.

- Send your players back to the field fast with the latest strategies in non-operative sports rehabilitation.
- Get balanced, dependable guidance on sports rehabilitation from a multidisciplinary author team that contributes perspectives from orthopaedics and sports medicine, athletic training, and physical therapy.
- Ensure effective treatment planning with a stronger emphasis on evidence-based practice.
- Master the latest with brand-new chapters on Developing Treatment Pathways, Biomechanical Implications in Shoulder and Knee Rehabilitation, Temporomandibular Rehabilitation, Thigh Rehabilitation, Gait Assessment, Functional Movement Assessment, and Plyometric Training Drills.

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