



The Eldercare Consultant: Your Guide to Making the Best Choices Possible

Becky Feola

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Your elderly father's memory is failing fast. Your increasingly frail mother just took another fall. Whatever the situation, *The Eldercare Consultant* can provide the knowledge, support, and encouragement you seek.

Weaving together real-life stories with the essential information needed to make the best decisions, this compassionate and practical guide helps you:

- Spot warning signs of physical and mental decline
- Recognize when a loved one needs assistance
- Determine the level of care needed
- Evaluate the options—family caregiver, home health care, palliative care, senior housing, assisted living facilities—and select the right one
- Discuss the issue with your loved one
- Understand and manage the costs of care
- Make the adjustment as smooth as possible
- Avoid caregiver burnout
- · And more

Author and eldercare expert Becky Feola knows first-hand that caring for someone who is no longer in complete control is hard...and the decision to seek outside help is one fraught with emotion. Her book helps cut the confusion, and turn an undeniably difficult transition into a journey of hope and love.



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