



Health Plan for the Adult Woman

Margaret C.Rees

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Published under the auspices of the International Menopause Society, this book provides definitive and expert guidance to clinicians on the management of the menopause. Compiled with the support and input of a team of international experts, Guidelines: Health Plan for the Adult Woman provides a clear and practical perspective that non-experts can refer to for all key issues related to the care of their adult females patients. It explores the application of primary preventative modalities which are not only effective in preventing much of the morbidity in later life, but which can be uniformly and cost-effectively applied to the majority of women in most societies.

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