



# Risking Intimacy: Overcoming Fear, Finding Rest

*Nancy Groom*

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## **Risking Intimacy: Overcoming Fear, Finding Rest** Nancy Groom

God designed us with a longing to be loved. Why then are we so afraid of rejection? Why do we hide our hearts and settle for mediocre relationships rather than pursue the passionate loving and living for which we were created?

Nancy Groom tackles these questions and more in *Risking Intimacy*. Melding personal experiences with biblical lessons drawn from the Israelites journey into the Promised Land and Jesus relationship with people in his life, Groom invites readers on their own journey one of inner transformation.

Genuine intimacy requires openness, knowing and being known, writes the author. But openness can be terrifying compared to the relative security of hiding our true selves. Yet if we come to the One who offers life and inner rest, we can move beyond our dread of others rejection and embrace a renewed passion for glorifying God and loving others.

This book will offer insight to anyone who struggles with intimacy men and women alike, in all relationships.

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