



# The Aromatherapy Garden: Growing Fragrant Plants for Happiness and Well-Being

*Kathi Keville*

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**The Aromatherapy Garden: Growing Fragrant Plants for Happiness and Well-Being** Kathi Keville  
“Kathi guides you to all the joys of an aromatic garden with wonderful tips, fascinating facts, and sumptuous photos.” —Mandy Aftel, acclaimed natural perfumer and author of *Essence and Alchemy* and *Fragrant*

Immerse yourself in the healing power of fragrance! *The Aromatherapy Garden* explains how fragrant plants can be as therapeutic as they are intoxicating, and how easy it is to add this captivating element to gardens large and small. It reveals the scents, secrets, and science behind fragrant plants, and how to optimize the full benefits of fragrance. Kathi Keville, internationally known aromatherapist and herbalist, shows you how to bring the magic of fragrance indoors; make your own body oils, liniments, and tonics; and create rich garden scent combinations. The nose knows—and with Keville’s expertise, now you too can benefit from that knowledge to create your own sanctuary of health and happiness.

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