



Geografia della bellezza (Italian Edition)

Barbara Bertoli

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Per conoscere un popolo e una terra si possono scegliere molte strade, ma da sempre quella dei rituali di bellezza è la via più affascinante e diretta. Il modo in cui uomini e donne si prendono cura del loro corpo rivela molte cose sulla storia e sulle tradizioni di un Paese, evidenzia differenze e similitudini, evoca sensazioni e atmosfere particolarissime. In questo viaggio intorno al mondo, Barbara Bertoli, farmacista e fitoterapista, ma soprattutto esploratrice curiosa, ha deciso di immergersi nella cultura locale lasciandosi spesso guidare da un fiore, da una pianta, da un'essenza speciale, scelte tra le più antiche e affascinanti, approfondite nel loro uso tradizionale e riproposte per essere utilizzate come ingrediente d'elezione nella cosmetica naturale. Dovunque sia stata ha incontrato persone, ha ascoltato storie e soprattutto ha cercato di scoprire quali sono gli usi cosmetici delle materie tipiche di quei luoghi, dall'olivo della Grecia fino al bambù delle Isole Fiji, passando per trenta Paesi e cinque continenti. In queste pagine ci restituisce, con uno stile evocativo, chiaro e conciso, esperienze, paesaggi, leggende e storie rielaborate grazie alle conoscenze specifiche apprese in anni di studi e viaggi.

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