



# Me, Myself, and Why: Searching for the Science of Self

*Jennifer Ouellette*

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## **Me, Myself, and Why: Searching for the Science of Self** Jennifer Ouellette

As diverse as people appear to be, all of our genes and brains are nearly identical. In *Me, Myself, and Why*, Jennifer Ouellette dives into the miniscule ranges of variation to understand just what sets us apart. She draws on cutting-edge research in genetics, neuroscience, and psychology-enlivened as always with her signature sense of humor-to explore the mysteries of human identity and behavior. Readers follow her own surprising journey of self-discovery as she has her genome sequenced, her brain mapped, her personality typed, and even samples a popular hallucinogen. Bringing together everything from Mendel's famous pea plant experiments and mutations in *The X-Men* to our taste for cilantro and our relationships with virtual avatars, Ouellette takes us on an endlessly thrilling and illuminating trip into the science of ourselves

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