



The Year I Turn...: A Quirky A-Z of Ageing

Angela Neustatter

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In this buoyant, inspirational A-Z, Angela Neustatter writes about the quirky side of ageing. The ways we learn to deal with conflicts, problems, relationships, feelings about our appearance and behaviour through the years become a delight rather than a chore. Angela Neustatter considers in a light-hearted way what you can do to celebrate growing older. She wonders about the influence of age on dress - do you need to dress differently (no) or do you yourself start to change your views (yes), relationships with colleagues and friends, love and sex. This quirky book of observations will delight anyone, and is a perfect Christmas gift.

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