



# **Fibromyalgia: Fibromyalgia Defined: The most important information you need to improve your health (The Everything® Healthy Living Series)**

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Looking for answers after your diagnosis of fibromyalgia? The Everything® Healthy Living Series is here to help. These concise, thoughtful guides offer the expert advice and the latest medical information you need to manage your pain and lead a healthy life.

Inside you'll find information on this condition of chronic pain, including symptoms of the disorder, the overall effect it has on your body, and how it will affect your life. As you deal with the chronic pain and fatigue, the more you know about the disorder, the better you will be able to take charge of your condition.

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