



Enlightenment for Idiots: A Novel

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Nearing age thirty, Amanda thought she'd be someone else by now. Instead, she's just herself: an ex-nanny yogini-wannabe who cranks out "For Idiots" travel guides just to scrape by. Yes, she has her sexy photographer boyfriend, but he's usually gone—shooting a dogsled race in Alaska or a vision quest in Peru—or just hooking up with other girls. However, she's sure her new assignment, "Enlightenment for Idiots," will change everything; now she'll become the serene, centered woman she was meant to be. After some breakup sex, she's off to India to find a new, more spiritual life.

What she finds, though, is an ashram run by investment bankers, a yoga master who trashes her knee, and a guru with a weakness for fashion models. She escapes a tantra party at the Taj Hotel, has a nasty argument outside the cave where the Buddha used to meditate, then agonizes through the ten-day silent retreat that's supposed to make her feel better.

No, India is not what she had pictured. But she finds a friend in Devi Das, a redheaded sadhu who refers to himself as "we." And when a holy lunatic on the street offers her an enigmatic blessing, Amanda realizes a new life may be in store for her—just not the one she was expecting.

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