



# **Rose Murray's A-Z Vegetable Cookbook: From asparagus to zucchini and everything in between, 250+ delicious and simple recipes**

*Rose Murray*

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Here's a must-have for all home cooks and food lovers! The 250+ recipes in this collection show the incredible range of tasty vegetables available from Canada's farmers' fields, gardens, markets, and stores. There are delicious vegetable mains, like Curried Harvest Vegetables with Lentils and Portobello Burgers, and enjoyable sides, like Kale Chips, Shredded Sprouts Sautéed with Pancetta, Beet and Stilton Salad, and Fiddleheads Sautéed with Morels.

A household name on the Canadian food scene for over three decades, Rose Murray is respected for her knowledge of the country's food from farm to table. During her travels across Canada to learn about the country's food and culinary traditions first-hand, she has fished for salmon off Vancouver Island, enjoyed fall suppers in northern Saskatchewan, gathered wild rice in northern Ontario, picked berries on the Gaspé and on Cape Breton Island, and dug for clams on Prince Edward Island.

Rose Murray's first vegetable cookbook was published in 1983 with 150 recipes. This new cookbook includes many recipes from that earlier book, revised and updated, plus more than 100 new recipes. Every recipe in this collection has been carefully tested for home cooks.

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