



# Quiet at School: An Educator's Guide to Shy Children

*Robert J. Coplan, Kathleen Moritz Rudasill*

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Compared to their more sociable counterparts, shy children are at greater risk for a variety of difficulties in elementary school, including internalizing problems, difficulties with peer relationships, and poorer academic performance. Written by a developmental and an educational psychologist with decades of experience between them, this book demystifies the latest research on shyness. It offers a comprehensive and accessible guide to everything teachers should know about shy children. Topics covered include how shyness develops in childhood, the unique challenges faced by shy children at school, and general strategies and specific techniques for improving shy children's social, emotional, and academic functioning at school. Despite an increase in research on shyness, shy children are still not well understood by teachers and other school personnel. *Quiet at School* offers research-based practices for creating safe and inclusive learning environments that will help shy students thrive.

### Book Features:

- The first book about shy children specifically written for classroom teachers.
- Best practices that reflect the latest research in educational and developmental psychology.
- A focus on the importance of positive teacher–child relationships.
- Case studies and recommendations for understanding and teaching shy children.

“For more than 2 decades, the authors’ research has influenced practitioners and researchers alike. Now you and I can benefit from the evidence-based teacher practices they offer throughout this book. Actually, the ones who will benefit the most are the shy children who sit quietly in your classroom.”

—From the Foreword by **Sandee McClowry**, NYU Steinhardt

“This wonderful volume is a contemporary rendering of well-informed best practices not only for responding to children we label as shy, but information that can be applied to all children. This is recommended reading for all elementary educators.”

—**Robert C. Pianta**, University of Virginia



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People live in this new day of lifestyle always try to and must have the time or they will get lot of stress from both everyday life and work. So , whenever we ask do people have free time, we will say absolutely of course. People is human not just a robot. Then we inquire again, what kind of activity are there when the spare time coming to you actually of course your answer will probably unlimited right. Then do you try this one, reading guides. It can be your alternative inside spending your spare time, typically the book you have read is definitely Quiet at School: An Educator's Guide to Shy Children.

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Quiet at School: An Educator's Guide to Shy Children can be one of your beginning books that are good idea. Most of us recommend that straight away because this publication has good vocabulary that can increase your knowledge in words, easy to understand, bit entertaining but delivering the information. The copy writer giving his/her effort to set every word into satisfaction arrangement in writing Quiet at School: An Educator's Guide to Shy Children yet doesn't forget the main place, giving the reader the hottest and also based confirm resource information that maybe you can be one among it. This great information can easily drawn you into completely new stage of crucial considering.

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