



# Antenatal Education: A Dynamic Approach, 1e

*Mary L. Nolan PhD MA BA(Hons) RGN*

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Written by an experienced National Childbirth Trust teacher, this unique book covers every aspect of antenatal and parentcraft education, emphasizing group work and reflective practice. The practical approaches are given a sound theoretical underpinning, and the book is evidence-based and well referenced.

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